

# Make sure your child keeps smiling



**Follow these easy steps to keep your young child smiling.**



Healthy milk teeth



Dental decay on tooth surfaces



Advanced decay

1. Introduce a feeder cup at 12 months of age and wean off the bottle at around this time.
2. Make sure your child does not go to sleep with a bottle of milk or juice.
3. Do not let your child suck on a bottle as a comforter during the day.
4. Start brushing your child's milk teeth with fluoride toothpaste as soon as they come through.

Produced in partnership with the School of Dentistry, The University of Manchester.