



Duraphat[®] 5000 ppm Fluoride Toothpaste

Patient information

You have been prescribed Duraphat 5000 ppm Fluoride Toothpaste by your dental professional.



The following information has been prepared to answer some of the questions you may have in relation to this toothpaste.

What is this toothpaste?

It is a high fluoride toothpaste for use at home providing protection against tooth decay for adults aged 16 years and over. Duraphat 5000 ppm Fluoride Toothpaste contains more than three times the fluoride level of a regular toothpaste.

Why do I need this toothpaste?

Your dental professional has diagnosed you with increased risk for tooth decay and has decided that you would benefit from using toothpaste containing a higher level of fluoride than regular toothpaste. This toothpaste is clinically proven to be more effective than a regular toothpaste at preventing tooth decay. This prescribed toothpaste is for your personal use only and should not be shared with anyone else.

How does this toothpaste work?

The higher fluoride levels can help prevent tooth decay by inhibiting demineralisation and promoting remineralisation of the tooth surface.

How should I use this toothpaste?

Please always read the package leaflet before using the product.

Use Duraphat 5000 ppm Fluoride Toothpaste instead of your regular toothpaste. Apply a 2cm line of toothpaste across the head of a toothbrush and brush three times daily. Careful brushing takes approximately 3 minutes.

Where can I get this toothpaste from?

Duraphat 5000 ppm Fluoride Toothpaste is a prescription only medicine. NHS prescriptions will be dispensed at your pharmacy.

Additional information from your dental professional:

Always read the package leaflet before use

